

# STUDENT BULLETIN

[School website](#)

Day 5

Friday Jan. 24, 2025

## IMPORTANT DATES

Feb. 7: planning day  
Feb.28: Report card on Portal.  
Mar.3-7: March Break  
Mar. 10: Planning day

## RECOGNITION ASSEMBLIES

Please come down to the Auditorium with your teacher according to the schedule below:  
Monday Jan. 27 Block 4: Sec.1, ARP1, MPEs, PW  
Tuesday Jan. 28 AB-Block 1: Level 5  
Block 2: Sec 2,ARP1.5, ARP2  
Wednesday Jan.29: Block 1: SSK, 15+  
Block 2: Sec.3  
Block 3:Sec.4

## [SCHOOL CALENDARS 2024-25 & 2025-2026](#)

## REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 & MAPS (yellow house): ext. 22092  
CYCLE 2 & WOTP (blue house): ext. 22093

## OUT OF BOUNDS AREAS

-Baseball, Lower soccer & upper football fields  
-Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)  
-Blue/Green + Voc. Ed. Parking lots

## GENERAL REMINDERS

-No food deliveries.  
-No using vending machines during class time.  
-No Bluetooth speakers in all common areas.  
-Keep your backpack in your locker.  
-No switching lockers.  
-Outside doors: use Door 2 or 16 at lunch/recess.  
-No temporary bus passes & stop changes.  
-Don't forget to use the garbage cans outside!!!  
-[Code of conduct](#) (including dress code)



## MENU

Friday: Chicken burgers, coleslaw

## GAMES & PRACTICES-Today

SrHockey @ Sem. de Sherbrooke 12:45 (dism 11:35)  
Jrgirls volleyball @ Richmond 4:45 (dism 2:50)  
Swim meet @ BU 1:00 (dism 11:50)  
Curling 2 @ BCS 3:30 Lennoxville rink (dism 2:20)  
JrHockey @ Triolet Tournament 5:10 (dism 3:45)  
Jrboys basketball @ Triolet 6:30  
Bmgirls A Basketball @ Triolet 8:00  
Srboys basketball @ Loyola Tourna 6:15 (dism 2:20)  
-1 bus to Rock Forest at 11:40, no return, parents pick up at arena  
-1 bus to BU at 12:00, no return, parents pick up at BU  
-1 bus to RRHS at 3:00, return at 6:30, Galt 7:15  
-No late buses

## Saturday, January 25

JrHockey @ Triolet Tourn 8:00 or 8:10 AM  
Srboys basketball @ Loyola Tour 10:30 and 2:15  
Srgirls basketball @ Salesien 12:00

## Sunday, January 26

Srgirls volleyball @ Mt Notre Dame 9:00. 11:00, 1:30  
Bmgirls B Basketball @ Montee St. Francois 11:00  
JrHockey @ Triolet Tourn TBD

PIPER POST-Read it [here!](#)

## HELP DESK-Hallway next to Central Office

Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

**ACADEMIC BLOCK:** See QR code at all offices.

## WANTED: SWIMMING TIMEKEEPERS

For our meet TODAY at BU (Leaving at 12:00). See Mr. Fisk or Mrs. Dubeau in the gym or Mrs. LeBlanc if you are interested. \$20 in your student account.

## LIBRARY NEWS



-Chinese New Year: More info page 3  
- Around the World with rice: Recipes right [here](#).  
-Iris Estrie/SOS Grossesse/Trans Estrie: Info-booths about sexual health on Feb. 11 at lunch. Find out about local resources.

## [COMMUNITY LINKS](#)-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.



## FROM THE COUNSELLOR'S DESK

## SRAM APPLICATIONS-Important Dates

March 1-Deadline Round 1 application  
April 4-Answers for Round 1 posted.

## LEVEL 5 CAREER SESSION-Last chance this month

See Mrs. Thibault in G-301 for your appointment.

***You're important;  
so is your health.***

Trying to quit vaping and need help?  
Come to Student Services  
to request a **free** health kit  
and see what support is available.  
Delivery: Feb. 12-13.  
*For Galt students only.*



## LIBRARY EQUIPMENT LOANS

Laptops, chargers, headphones. ID Card Required

### Equipment Loan:

- 1 BLOCK at a time
- Sign-out required each block
- No loans during lunch hour

### Late Equipment:

- Lose it for the day if late 1 block
- Lose it for the week if we must track you down
- Lose it for the year if damaged

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## WEEKLY TIP by your Community Officer

*About voyeurism...*  
It's a crime to secretly watch, photograph, or film a person in a situation in which he or she has the right to privacy, whether fully or partially naked, in private or public (ex: when you are in a gym's changing room).

**FREE**

### VALENTINE MEAL KIT

Want to surprise your family with a meal kit for Valentine's? If yes, reserve yours at Student Services (near Central Lobby) by **January 31!**

Meal includes soup, spaghetti & meat sauce, dessert.

**FREE. Limited quantities.**  
For Galt students only. 1 kit per family.  
Pick-up day & time: TBD

### SCHOOL NURSE

Need to see her?  
Then check her schedule  
and use the QR code for  
an appointment.

*For first aid (band-aids & such), see a supervisor, your cycle secretary or Student Services.*

Make an appointment with the nurse for...

- STBBI (sexually transmitted blood borne infections) screening
- Free condoms
- Contraception
- Morning-after pill
- Pregnancy test
- Depo-Provera injection

It's super easy with the QR code!

Alexander Galt RHS  
pyen@etsb.qc.ca

Centre intégré universitaire de santé et de services sociaux de la région de Québec  
Québec

NANCY PYE  
SCHOOL NURSE

## JANUARY

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
05	06	07	08	09	10	11
	GALT	GALT	ABSENT	GALT	GALT	
12	13	14	15	16	17	18
	GALT	ABSENT	GALT	ABSENT	GALT	
19	20	21	22	23	24	25
	GALT	ABSENT	GALT	ABSENT	GALT	
26	27	28	29	30	31	
	Absente	ABSENT	Take The test GALT	ABSENT	GALT	



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## It's the Chinese New Year soon!

Find out more about China and its culture at the Library.

### This week:

Try your hand at eating with chopsticks  
Wednesday-Thursday-Friday  
at 12:40.



## THE TAKE THE TEST KIOSK WILL BE WITH US SOON!

### TAKE THE OPPORTUNITY TO:

- Learn about chlamydia, gonorrhea and other STBIs
- Get condoms for free.
- Take a free and confidential screening test.

TAKING THE TEST IS SUPER EASY, FAST AND EFFICIENT. PLUS, IT'S PAINLESS!

**WHEN?** Wednesday January 29, 2025

**WHERE?** Cafeteria ( 12h20 to 13h05)





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**Deadline: Monday Jan 27**



  Square      

**WWW.TOROGRAPHIX.SHOP 450-242-1246**  
605C CH. KNOWLTON, KNOWLTON, QC.  
25 BLVD. CHURCHILL, GREENFIELD PARK, QC.  
LIVRAISON À L'ÉCOLE CHAQUE SEMAINE / WEEKLY DELIVERIES TO THE SCHOOL

