# STUDENT BULLETIN

School website

# Day 1

# Monday Dec. 2, 2024

## IMPORTANT DATES

Dec. 6 & January 6: Planning days Dec. 20: last day before Xmas holidays January 7: First 2025 school day

### SCHOOL CALENDARS 2024-25 & 2025-2026

### **REPORTING AN ABSENCE-Call 819-563-0770**

CYCLE 1 & MAPS (yellow house): ext. 22092 CYCLE 2 & WOTP (blue house): ext. 22093

#### **OUT OF BOUNDS AREAS**

-Baseball, Lower soccer & upper football fields -Central stairwells (unless going to Central Office, Student Activities/Services/School nurse) -Blue/Green + Voc. Ed. Parking lots

#### **GENERAL REMINDERS**

#### -No food deliveries.

-No using vending machines during class time.

- -No Bluetooth speakers in all common areas.
- -Keep your backpack in your locker.
- -No switching lockers.
- -Outside doors: use Door 2 or 16 at lunch/recess.
- -No temporary bus passes & stop changes.
- -Don't forget to use the garbage cans outside !!!
- -<u>Code of conduct</u> (including dress code)

# MENU MENU

Monday: Broccoli soup, grilled cheese Tuesday: Chicken noodle soup, chicken Caesar wrap, potato wedges Wednesday: Potato bacon soup, meatball sub Thursday: Taco salad

## GAMES & PRACTICES-Today

SrHockey @ Tandem le Boise 2:30 (dism.12:20) Bmgirls A basketball 3:55-4:50 Bmgirls B Basketball 3:55-4:50 Bm boys basketball 3:55-4:50 Jrboys basketball 3:55-4:50 Srboys basketball 4:50-5:50 Swimming at BU 4:00-5:00 Jr &SrGirls volleyball 4:00-5:45 - 1 bus to Victoriaville at 12:25, return 4:00, Galt 5:30

- 1 bus to BU at 3:30, return at 5:30 up, Galt 5:40

- 3 late buses at 6:00 p.m. for Magog, Stanstead &Bury

#### PIPER POST-Read it here here!

**HELP DESK-Hallway next to Central Office** Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

ACADEMIC BLOCK: See QR code at all offices.

CITRUS DELIVERY: Week of Dec.9

#### **ESCAPE THE VAPE-Congrats to our Winners!**

Pick up your prizes in Student Services today. Savio A.Llorico: 2 tickets to Phoenix game Sophie Blais: 2 tickets to Phoenix game Isla Coates: \$25 Laser Plus gift card Ashlynn Goodwin: \$15 Subway gift card Alexia Pelletier, Ryan Daigneault, Hailey Dunn, Riley Carter-G.: storage pouch and stress star

#### JANUARY SUPPLEMENTAL EXAMS SCHEDULE

For concerned students only.

GRAD PHOTOS-Order info here

**CONSEIL MUNICIPAL JEUNESSE – for Level 4-5** Info meeting **this morning** at 9:10 in the Library for all interested in being part of the Ville de Sherbrooke council. Learn about politics and be part of city projects!

#### COMMUNITY LINKS-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.

#### FROM THE COUNSELLOR'S DESK

#### COLLEGE OPEN HOUSES

Best opportunity to explore the school & its programs.

**LEVEL 5 CAREER SESSION-Compulsory!** See Mrs. Thibault in G-301 for your appointment.

**LIBRARY EQUIPMENT LOANS** Laptops, chargers, headphones. ID Card Required

#### **Equipment Loan:**

- 1 BLOCK at a time
- Sign-out required each block
- No loans during lunch hour
- Late Equipment:
- Lose it for the day if late 1 block
- Lose it for the week if we must track you down
- Lose it for the year if damaged



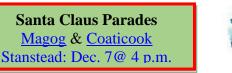
# WEEKLY TIP by your Community Officer

## DID YOU KNOW...?

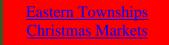
-A 14-15 year-old can consent to sexual activity with a person up to 5 years older.
-A 12-13 year-old can consent to sexual activity with a person up to 2 years older.
-The age of consent to sexual activity in a group (more than 2) is 16 years old.
Under 16, even if the person is willing, it's automatically a criminal offense.

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### **Free activities**

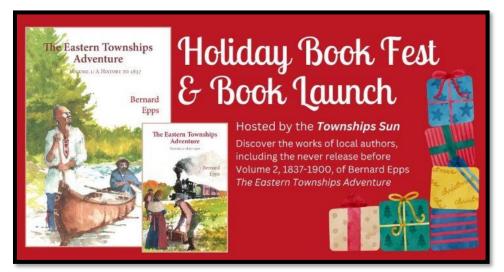
Elf Hunt—Downtown Sherbrooke Dec. 7-Jan. 7. Prizes to be won. <u>Bird Rallye</u>—Bird count for your region Dec. 1-Jan.15. Prizes to be won <u>Scintillating Trail.</u>—Decorations to see around Sherbrooke. Map online on Dec. 7 <u>On bricole pour Noel</u>-online crafts with local museums (in French only) <u>Free bus guided tour of Sherbrooke</u> - in exchange of dry goods <u>Christmas Stories exhibit</u> – free on 1<sup>st</sup> Sunday of the month (Dec. 1 & Jan.5) <u>Orford Christmas Day</u>-Free activities (Dec. 7)

## December is the perfect time for showing that your care!

Helping others increases our sense of well-being. And a kind gesture can make a big difference in someone's life.

Acts of Kindness Calendar

SUN	mon	THE	WED	THU	FRI	SOLT
Leave a nice note in a library book	Give someone an 8-Second Hug	Send someone a nice note	Donate old books	Don't complain all day long	Leave a nice note on a mirror	Give a compliment
Pick up trash in your neighborhood	Be kind to a stranger	Draw a picture for someone	Bake yummy goodies for someone	SMILE at everyone you see today	Do someone else's chores for them	water plants
Feed the birds	Write a gratitude list (20 things)	Pick up trash you see on the ground	Leave an extra tip	Bring someone flowers (or draw a picture of flowers)	Recycle	share with another person
Donate old clothes	Help an elderly person	Walk someone's (or your own) dog	Make a list of 10 things you're thankful for	Tell someone the reasons you like them	Hold the door for someone	Donate to a local animal shelter
Offer water to those in need	Help make dinner	Make a bird feeder	Donate old toys	Make someone laugh	Write positive messages on the sidewalk	write a thank bou note



Sunday December 8, 13:00-16:00 United Church, 6 Church, Sherbrooke (Lennoxville)

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## LIBRARY: BOOKS OF THE MONTH

Nordic tales! We have just the weather for it!!! Oh, and for baking cupcakes too! Come see our selection!





Enter your submission <u>here</u>.