# 🌢 STUDENT BULLETIN 🗳

<u>School website</u>

# Day 1

# Monday Sept 9, 2024

# IMPORTANT DATES

September 18: Club Day (Caf at lunch) September 20: planning day September 27: Terry Fox Day (Block 3) September 30: Orange Shirt Day October 3: Spirit Day (Block 4) October 14: Thanksgiving holiday

# SCHOOL CALENDARS 2024-25 & 2025-2026

#### **REPORTING AN ABSENCE-Call 819-563-0770**

CYCLE 1 (yellow house): ext. 22092 CYCLE 2 (blue house): ext. 22093

#### **OUT OF BOUNDS AREAS**

-Baseball, Lower soccer & upper football fields -Central stairwells (unless going to Central Office, Student Activities/Services/School nurse) -Blue/Green + Voc. Ed. Parking lots

### **GENERAL REMINDERS**

- -No food deliveries.
- -No using vending machines during class time.
- -No Bluetooth speakers in all common areas.
- -Keep your backpack in your locker.
- -No switching lockers.
- -Outside doors: use Door 2 or 16 at lunch/recess.
- -No temporary bus passes & stop changes.
- -Don't forget to use the garbage cans outside !!!
- -<u>Code of conduct</u> (including dress code):

#### MENU

# Monday: Broccoli soup, grilled cheese

Tuesday: Chicken noodle soup, chicken sub

- Wednesday: potato bacon soup, hamburgers, macaroni salad
- Thursday: Vegetable soup, Big Mac wrap, potato wedges

Friday: Taco salad

#### **GAMES & PRACTICES-Today**

All teams practice 4:00-5:45 Bantam girls soccer (field by cabin) Bantam boys soccer (field by cabin) Junior girls soccer (senior field) Junior boys soccer (football field) Senior girls soccer (senior field) Senior boys soccer (football field) Senior girls flag football (junior field by road) Cross Country running (meet in gym to start) -3 late buses at 6:00 p.m. for Magog, Stanstead & Bury **HELP DESK-Hallway next to Central Office** Tuesday & Thursday 10:50-11:05 and 12:35-13:05.

# ACADEMIC BLOCK STUDENT VIEW

#### **SCHOOL PHOTOS-Sept 16**

In the Library. Retakes Oct. 8 in Library. Schedule to be posted next week.



**GRAD PHOTOS-Sept. 23-26 in the Library.** Schedule to be posted.

#### **GRAD INFO SESSION-Tomorrow!**

In the Auditorium during Academic Block. Bring your Chrome book.



#### CITRUS FUNDRAISER

Info session in October. Watch the Bulletin.

#### **FOUND-See Student Services**

-large earphones -earbud

# -housekey

VACCINATION CLINIC-Oct.10 in the Library

For Level 3 & other concerned students. Schedule posted one week ahead.

#### **ORANGE SHIRT DAY WALK -Monday Sept.30**

Join BU for the "National Day of Truth and Reconciliation" walk taking place at Jacques Cartier Park (Sherbrooke). If interested, see Student Activities in O-201 for permission form.



#### COMMUNITY LINKS-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc?

#### **<u>PHELPS HELPS</u>**-For Stanstead area residents

Free tutoring Tuesday to Thursday starting Sept. 16. Sign up at Open House & BBQ on **Sept. 12** at 17-19:00. Info: 819-704-0799

#### FROM THE COUNSELLOR'S DESK

#### COLLEGE OPEN HOUSES

Best opportunity to explore the school & its programs.

#### LEVEL 5 CAREER SESSION-Compulsory!

Make your appointment with the Counsellor in Academic Training now! See Mrs. Thibault in G-301. Otherwise, an appointment will be given to you!





<u>School website</u>

# LIBRARY-Opening Today!

Student ID card required to borrow books & equipment or your schedule until you get the ID card FREE in your photo's package. Last year's card works too.

#### **Equipment on loan:** for 1 block only.

If not returned at the end of the block = you cannot borrow anything for the rest of the day. If need to call in class to get equipment back = you cannot borrow anything for the week. If damage to equipment = you cannot borrow anything for the rest of the school year!

# **Bistro open at lunch**

No reservation necessary unless you want to make sure to have a table. (Max. 6) Microwave ovens available but NO POPCORN, NO SEAFOOD or FISH Any food tasting or beverages served in the library during lunch hour is FREE. You make a mess, you pick it up. Tolerance Zero for lack of respect towards anyone or anything.

Indigenous Peoples Awareness Month activities: Food tastings (TBD) & Orange Shirt Day (Sept. 30)

### Now for the fun part!

More food tastings thanks to the Healthy Lifestyle Committee partnership! All at lunch hour from 12h30 until the bell. Allergies? Check the ingredient's list.

Also different organizations (invited by Student Services professionals & school nurse) will visit us at lunch time. Watch the Student Bulletin for news.

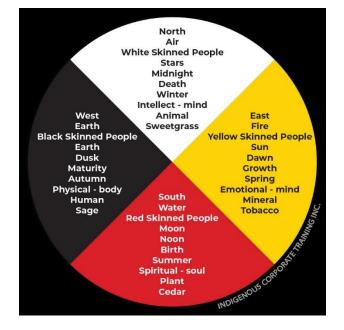
If you have suggestions for books, activities, projects to do, come see us!

### **IPAM (Indigenous Peoples Awareness Month)** In the Library

Let's look at the Medicine Wheel. It reflects Indigenous traditions and teachings. Divided into four segments, with different colors representing its content, each quarter corresponds to a phase of life, a direction, a traditional medicine and an aspect of being, giving us a good intro to their beliefs.

Sharing a meal is also a good place to learn about other cultures and traditions. Therefore, every **Tuesday** and **Thursday** in September, come to the Library for a food tasting!!

- Tuesday: NADOWESSABO (Huron Corn Soup)
- Thursday: 2 different Three-Sisters Salads (Takwakin & Haudenosaunee)





**Terry Fox T-Shirt Form**