

Moving ahead. Together.

ETSB ONNECTION

December 2024



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As we approach the holiday season, I want to take a moment to reflect on exciting initiatives and opportunities happening across our schools and centres, and to express my gratitude for your continued support.

This year, we were thrilled to launch our first-ever **Elementary Central Student Advisory Committee (CSAC)**. Since 2011, we have had a High School/Adult Sector CSAC, which has been a meaningful way for students to share their voices. Now, we've extended this opportunity to the elementary level, bringing together a few students from each school in the same sector to discuss their educational experiences. It's truly a joy to hear what our youngest learners have to say and to witness their passion for learning.

Another exciting initiative this fall was our **Vocational Trade Challenge**, held for Secondary 1 students at both
Centre Brome-Missisquoi (CBM) and Lennoxville Vocational
Training Centre (LVTC). High school students spent hours
engaged in hands-on challenges and explored trades
offered at our centres. It's so important to open doors for
our students to professional training, especially since a
significant number of jobs in Estrie's priority sectors
require vocational training (Diplôme d'études
professionnelles). A special thank you to the LVTC and
CBM staff for their efforts in making this event such a
success!

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Looking ahead, I am pleased to share two upcoming virtual parent sessions:

JANUARY 23

Nature's Answer to Immaturity: Helping Children Grow Up with Deborah Macnamara.

APRIL 9

Cellphones: What's healthy - what's not - what can we do to support our kids with Hannah Beach I encourage you to join us for these informative and supportive sessions.

Thank you for taking the time to attend Parent-Teacher interviews recently. I know how busy life can be, and your efforts to connect with your child's teachers make such a difference. Strong collaboration between parents and staff is key to ensuring every child thrives. I would also like to extend my heartfelt gratitude to our staff for their hard work and unwavering commitment to our students' success.

Finally, as the holiday season begins, I wish you and your family a joyful and restful break. May you create many treasured memories with your loved ones, and we look forward to welcoming your children back to school on January 7th.

Happy Holidays!

Your Director General,



ETSB PARENTS & GUARDIANS Online Sessions



Discover effective strategies and practical advice that help you and educators collaborate in enhancing students' academic success and social development.



Nature's Answer to Immaturity: Helping Children Grow Up

The capacity for self-control and reflection are key to a mature temperament. These essential skills, known as self-regulation and executive functioning, play a central role in children's development and growth.



Info and Registration



Thursday, January 23

7:00 to 8:30 PM



PRESENTER: DR. DEBORAH MACNAMARA

Author of the best-seller Rest, Play, Grow (translated into 14 languages) and the children's book The Sorry Plane, she is a respected figure in developmental science. Her latest book, Nourished: Connection, Food, and Caring for our Kids, was released in Sept. 2023. As a faculty member at the Neufeld Institute and Director of Kid's Best Bet Counselling, she brings developmental science to life for parents and professionals.



Wednesday, April 9, 2025

CELLPHONES:

What's healthy - What's not - What we can do to support our kids

Prior each sessions, invitations will be emailed to you and a reminder on Facebook will be posted.

Fostering Positive and Constructive - Home-School Communication by Carol Marriot

We're excited to share the recordings and the Referenced Material presented by our expert:

** **RECORDING** Passcode: D9#j0Tpe



HANDOUT





PARTNERING WITH Townshippers' Association to engage parents in Creative Lunch Solutions!

PARENT-CHILD AFTERSCHOOL WORKSHOP Farnham Elementary and St. Francis Elementary Schools

This fall both schools partnered with Townshippers' Association to deliver a "Creative Lunch Solutions" during this Parent-Child workshop. It was led by Elisabelle Hardy, a nutritionist from the *Clinique Nutritive*, who shared valuable tips and strategies for packing a nutritionally balanced lunchbox. She also presented families with a variety of easy and creative lunch ideas to help make mealtime both nutritious and enjoyable.

To promote healthy eating, Elisabelle encourages children to get involved in planning and preparing their own lunches, so fittingly the workshop ended with all families preparing a broccoli salad they could taste and take home.

Through its Health and Social Services Program, Townshippers' Association works to increase access to services and information in English for the minority language communities of the Eastern Townships.

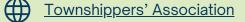
An extra special thank you to Ms. Jessica and Ms. Hodge at St. Francis; and Krista at the CLC Butler and Farnham for sharing this with our ETSB families!







Canada's Food Guide







in January & February 2025 🧩



RE-REGISTRATION

January 20 to 24

NEW REGISTRATION

January 27 to February 7

PLANNING DAY

February 7th

END OF TERM 2

February 19th

REPORT CARDS ON PORTAL

February 28th



AT-A-GLANCE



January

20 to 24 Re-registration*

27 Starting date for **New Registration**

Information on how to reregister your child will be shared through the Parent Portal in January.



February

- **7 Ending date** for **New Registration**
- **7** Planning Day
- 19 End of Term 2
- **28** Report Cards published on portal





AWARDS \$2000+

You are aged Between 12 and 29?
You are creative and English speaking?
You enjoy making Art?
Taking photos?
Writing - Stories - Poems - Nonfiction You would like getting published? Getting cash?

TOWNSHIPS YOUNG VOICES 2024 IS FOR YOU!

TYVoices invites creative young people in the in the Eastern Townships to participate in the TOWNSHIPS SUN, your community magazine.



Submission Deadline: January 31 TownshipsYoungVoices@gmail.com





TYVoices



TYVoices



We gratefully acknowledge the support of the Townshippers' Research and Cultural Foundation and our community partners.



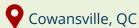
Discover our ETSB Bilingual **Vocational Training Programs!**

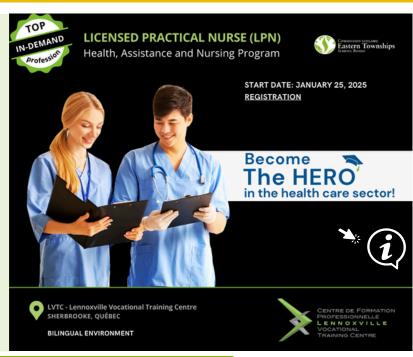
Visit *L'Effet FP Estrie* website for all details on our programs and registration dates:

Lennoxville Vocational Training Center (LVTC)

Sherbrooke, QC

Campus de Brome-Missisquoi (CBM)











Bad Weather and Snowstorms Plan





With the arrival of the winter season, the ETSB would like to inform you of its plan in case of snowstorms during school days. If weather indicators predict the possibility of a snowstorm in advance, **stay tuned**.

The School Board will contact you via **text messages** using our **Cobalt system** and will share all important information regarding closures of schools, centres, daycare facilities and transportation services on its Facebook page and website homepage. Parents will be Informed as soon as possible once the decision has been made on the ETSB side.

How to prepare to receive accurate information:

- Follow our **Facebook page**
- Visit our website homepage
- Listen to the different local medias

For any questions related to this procedure, please contact us by **email** at: **communications@etsb.qc.ca**

Happy Winter Season!





