

CONNECTIONS

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DEAR ETSB PARENTS,

SPRING is here. We hope you are all finding it has put an extra skip in your step! The last couple of months of school always seem to whiz by with activities, preparation for exams and special projects; so let's make the most of this time together.

In this 4th volume of the CONNECTIONS, you will find some workshops and resources for families. We hope that you will find some useful tools here, including study guides for a less stressful end of year.

The ETSB continues to recruit new employees and often one of the best ways to attract great people to our team is through word of mouth. Please share the employment opportunities within your networks, which can be found here on our [website](#).

Stay tuned for next year's academic youth calendar that will be shared at the end of the month. And with that, we wish you a wonderful final term and happy reading!

Pedagogical Services

NEED SUPPORT?

The Ped Services team mission is to support ETSB learning communities to facilitate continuous professional development because we value people, collaboration, building relationships, working in partnership, risk-taking and exploring new ideas!

Who is your support team?



How can your consultants work with you?

- Collaboration on research-based practices
- Professional development opportunities
- Sharing resources and resource creation
- PLC support
- Co-planning, assessments and feedback
- PDIG projects
- Facilitating networking

OUR TEAM



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"We're here to support you. Not sure who to ask or what to ask for, reach out!"



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RESOURCES RESOURCES RESOURCES

Resources to Support Your Child in Preparing for Final Exams

With the return of Ministry exams, stress and anxiety are at an all-time high. To address some of these challenges, here are some interesting tips focusing on academic success habits and practices to support your child in preparing for upcoming exams.

- <https://www.intelligent.com/create-a-study-plan/>
- <https://www.intelligent.com/study-smart-before-exams/>
- <https://www.intelligent.com/take-effective-notes/>
- <https://www.intelligent.com/manage-your-stress/>
- <https://www.intelligent.com/use-test-taking-strategies-on-exam-day/>

Environmental Resources



With Earth Day on our minds, Jessica Adams, Nature Education Consultant for Nature Nerding, has shared some general conservation and environmental resources for you to discover!

- Ça va où - website/application that helps you sort waste properly in Qc;
- Jeunesse ACTES - network of establishments contributing to building an ecological, peaceful, democratic and united world;
- Wetlands: A Powerful Carbon Sink - video by Ducks Unlimited Canada;
- Alliance Engagement Jeunesse - aiming to stimulate and support the social and environmental commitment of high school students in order to promote their academic success and perseverance;
- Get Involved - Espace pour la vie (Montreal Biodome, Insectarium, etc.);
- Ateliers & Conférences pour écoles - CoopFA;
- Small Acts of Conservation - Nature Conservancy of Canada.





Personal Finance Essentials for High School Students

When asked what our alumni students would have enjoyed to better prepare them for college life, many indicated that they would have benefited from more personal finance essentials. Here is an a-synchronous course offered through McGill University that might just fit the bill:

<https://www.mcgillpersonalfinance.com/>



Would your child benefit from keeping their Chromebook over the summer?

We are happy to announce an upcoming virtual session on May 31st, from 7 - 8 p.m., to review assistive technology and other web-based applications that can support continued learning (for students in Grades 5 through Secondary 4).

For parents of students in grades 5 and 6, if you are interested in your child keeping their Chromebook over the summer, kindly contact your local school to make arrangements.

CLICK on poster to access links!

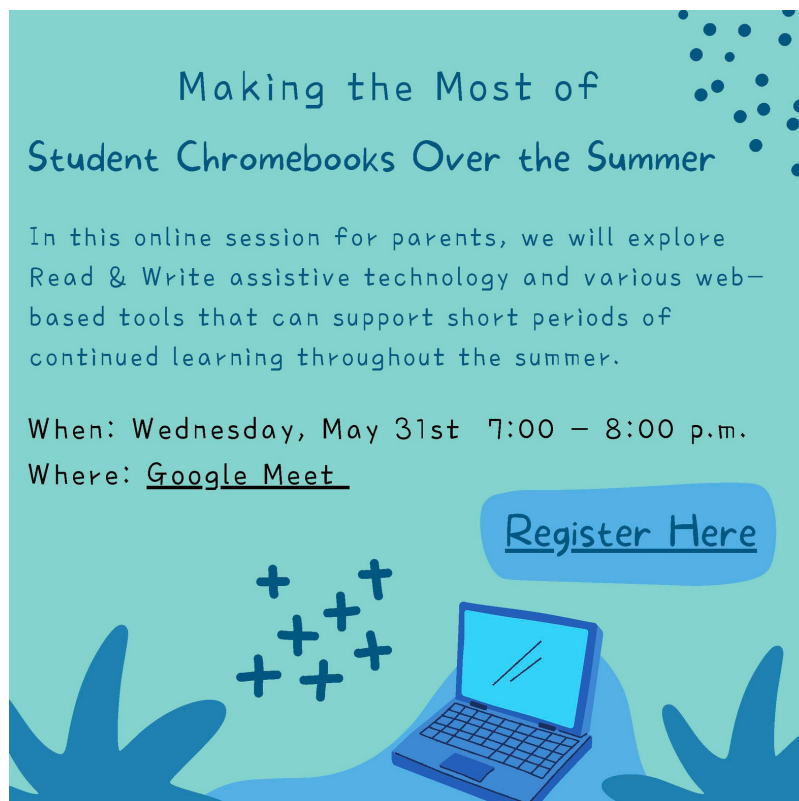
Making the Most of Student Chromebooks Over the Summer

In this online session for parents, we will explore Read & Write assistive technology and various web-based tools that can support short periods of continued learning throughout the summer.

When: Wednesday, May 31st 7:00 – 8:00 p.m.

Where: [Google Meet](#)

[Register Here](#)



Complementary Services

- NURTURING SUPPORT CENTRES - SESSION FOR PARENTS

We invite you to view the recording of Eva de Gostonyi who gave a presentation to ETSB parents in February 2023 on Nurturing Support Centres. Many of our schools have this type of structure in place and you may know them as the Oasis, the STAATION, the Zen Room, the Garden, etc. They are all based on the Nurturing Support Centre model and put in place to respond to the needs of our students. The video recording can be found [HERE!](#)



Dr. Michael Ungar

RESILIENCE - INFORMATION SESSION OFFERED BY DR. UNGAR

We invite you to watch the [RECORDING](#) of Dr. Ungar's presentation on how to make kids more resilient. This session was offered to parents of Quebec's English School Boards in January 2023.



ETSB Special Education Website

We invite you to take a few minutes to have a look at our [ETSB Special Education website](#) intended for parents. This section of our ETSB website is an initiative from the Special Education Advisory Committee. Parents have access to valuable and timely information about topics such as Individualized Education Plans (IEP), support offered in schools, events, external resources, etc.

International Student Program



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INTERNATIONAL STUDENT PROGRAM
PROGRAMME DES ÉTUDIANTS INTERNATIONAUX

DEVENEZ FAMILLE D'ACCUEIL
pour un étudiant international

BECOME A HOST FAMILY
for an International student



 WWW.ETSB.QC.CA

WOULD YOU LIKE TO BECOME A HOST FAMILY FOR AN INTERNATIONAL STUDENT?

The ETSB's International Student Program (ISP) will host an online info session on April 25th to give more details about the program. It will be an occasion to learn more about the selection process, the requirements and the advantages.

You will be able to ask all your questions and meet a local family who has been hosting students for a few years. This will be a bilingual meeting. A ZOOM link will be shared few days before the event.

Email the ISP team for details and to register isp@etsb.qc.ca

FAMILLES D'ACCUEIL RECHERCHÉES

Vous êtes actifs, généreux et curieux d'apprendre à propos d'une autre culture et vous avez une chambre disponible? Nous sommes à la recherche de familles d'accueil francophones, anglophones ou bilingues pour accueillir un(e) étudiant(e) international(e) qui fréquentera une école secondaire (AGRHS, MVHS ou RRHS).

Joignez notre réseau de familles d'accueil dès maintenant!

AVANTAGES / ADVANTAGES



Découvertes interculturelles
Intercultural discoveries



Programme d'activités familiales
Family activity program



Remboursement mensuel
Monthly stipend

HOST FAMILIES WANTED

You are active, generous, curious to learn about other cultures, and you have a bedroom available? We are looking for francophone, anglophone and bilingual families to host international students who will be attending one of our high schools (AGRHS, MVHS or RRHS).

Join our host family network right now!

CONTACTEZ-NOUS
CONTACT US

(819) - 868 - 3100, ext. 50002
isp.homestay@etsb.qc.ca



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