

# CONNECTIONS

No. 2 Volume 4.

April 2022



## TABLE OF CONTENTS

**NEW 2022-2023  
Youth Calendar**

**News &  
COVID Update**

**Pedagogical Services**

**International Student  
Program**

## DEAR ETSB PARENTS,

Welcome to the 4th edition of our CONNECTIONS newsletter!

Can you believe it, spring has officially sprung? We hope the longer days and warmth has added a little skip to your step. In this issue you'll find some important updates, webinar opportunities and information to keep you in the loop...like the NEW school calendar for 2022-2023.

Since our last newsletter, so many great accomplishments have materialized! History was made with the opening of the new school building for Drummondville Elementary, extracurricular activities have started to resume to the thrill of our students and school gardens are waking back up to name but a few things.

Here after the long Easter weekend, we can see the end of the school year in sight, how quickly it comes around. We encourage you and your families to keep your health in check and make time for yourselves so that we can work through these final months with continued success.

Thank you for your collaborative spirit, your enthusiasm and commitment to our students. It's all paying off and we thank you for your efforts.

!!HAPPY SPRING!!

# NEW Youth Calendar for 2022-2023!



**ENSEIGNANT (Secteur des jeunes)**  
**TEACHER (Youth sector)**



## CALENDRIER SCOLAIRE 2022 - 2023 SCHOOL CALENDAR

Juillet 2022							July
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

Août 2022							August
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

Septembre 2022							September
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

Octobre 2022							October
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

Novembre 2022							November
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

Décembre 2022							December
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

Janvier 2023							January
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					
30							

Février 2023							February
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
		1	2	3	4		
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28					

Mars 2023							March
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
		1	2	3	4		
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

Avril 2023							April
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

Mai 2023							May
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

Juin 2023							June
DIM/SUN	LUN/MON	MAR/TUE	MER/WED	JEU/THU	VEN/FRI	SAM/SAT	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

**180** Journées de classe  
School Days

**17 3** Journées pédagogiques  
Planning Days

**22** Congés  
Non-Working days (Holidays)

**3** Journées pédagogiques pouvant devenir jours de classe  
Planning days which may convert to a school day

★ Premier jour de classe  
First day of class

**3** Journées pédagogiques(enseignants)  
Teacher planning days

Adopté par Résolution - le 22 mars 2022  
Adopted by Resolution - March 22, 2022

**14** Congrès APEQ (journée pédagogique)  
QPAT Convention (planning day)



**REMINDER:**  
**Converted**  
**"Snow Days"**

Please remember that due to the bad weather which caused schools to close, the following pedagogical days have been converted to regular school days this year:

**May 20th**  
**June 3rd**

**MARK YOUR CALENDARS!**





# The Terry Fox Foundation

**Top 50 of 2021 in Québec \$369,644.22**



## Elementary \$220,047.92

1	South Hull Elementary School	Gatineau	\$27,198.42
2	Miss Edgar's & Miss Cramp's School	Westmount	\$25,450.00
3	Terry Fox Elementary School	Pierrefonds	\$21,924.98
4	Hillcrest Academy	Laval	\$11,444.75
5	École Charles-Perrault	Roxboro	\$10,320.00
6	Edgewater School	Pincourt	\$8,320.00
7	Butler Elementary School	Bedford	\$8,268.30
8	Sunshine Academy	Dollard-des-Ormeaux	\$8,233.27
9	Edinburgh Elementary	Montréal West	\$7,735.00
10	The Study	Westmount	\$7,237.00
11	St. Lawrence School	Candiac	\$6,937.00
12	Pierre Elliott Trudeau School	Vaudreuil-Dorion	\$6,906.00
13	Roslyn School	Westmount	\$6,430.00
14	McCaig Elementary School	Rosemere	\$5,912.00
15	Beacon Hill Elementary School	Beaconsfield	\$5,875.00
16	École Marcel-Vaillancourt	Laval	\$5,872.95
17	Courtland Park International School	Saint-Bruno	\$5,645.00
18	Evergreen Elementary School	Saint-Lazare	\$5,612.00
19	École de Sutton School	Sutton	\$5,601.75
20	École Socrates-Démosthène	Roxboro	\$5,130.00
21	Dunrae Gardens	Mont-Royal	\$4,944.00
22	Crestview Elementary	Laval	\$4,876.00
23	Royal Vale School	Montréal	\$4,841.00
24	Chelsea Elementary School	Chelsea	\$4,762.50
25	Heroes Memorial	Cowansville	\$4,571.00

## Secondary \$149,596.30

1	Lower Canada College	Montréal	\$21,039.99
2	Beaconsfield High School	Beaconsfield	\$12,190.00
3	Selwyn House School	Westmount	\$11,080.00
4	Lakeside Academy	Lachine	\$8,917.98
5	École Secondaire La Découverte	Saint-Léonard-d'Aston	\$7,582.15
6	Royal West Academy	Montréal West	\$7,554.00
7	École polyvalente Le Carrefour	Gatineau	\$6,251.05
8	Collège Saint-Charles-Garnier	Québec	\$6,225.00
9	St-Thomas High School	Pointe-Claire	\$6,170.00
10	Mackay Centre School	Montréal	\$5,747.15
11	John Rennie High School	Pointe-Claire	\$5,073.00
12	École polyvalente Saint-Jérôme	Saint-Jérôme	\$5,025.00
13	École Secondaire Massey-Vanier	Cowansville	\$4,967.00
14	Lasalle Community Comprehensive H.S	Lasalle	\$4,737.45
15	Alexander Galt Regional High School	Sherbrooke	\$4,446.35
16	Massey-Vanier High School	Cowansville	\$3,950.00
17	St-Michael's High School	Low	\$3,826.01
18	Québec High School	Québec	\$3,745.00
19	Kells Academy	Montreal	\$3,727.51
20	Pierrefonds Community High School	Pierrefonds	\$3,491.00
21	École Secondaire Mont-Royal	Mont-Royal	\$3,005.00
22	Pontiac High School	Shawville	\$2,758.80
23	Laurentian Regional High School	Lachute	\$2,741.90
24	Académie Michèle-Provost	Montréal	\$2,730.00
25	Netagamou School	Chevery	\$2,615.00



We are so proud of our students and staff who ran, walked and fundraised in support of the Terry Fox Foundation. Look at the wonderful results achieved. BRAVO to all who took part!



## COVID Update



This information is current as of April 12th 2022. For the most up-to-date instructions, please visit [Quebec.ca](https://quebec.ca).

Although warmer temperatures are just around the corner, it's important to remember that COVID-19 is still circulating. In Quebec, positive cases are required to isolate for a minimum of 5 days starting with the onset of symptoms or, if asymptomatic, a positive test result.

After 5 days, if you're feeling better (symptoms have improved and you haven't had a fever for at least 24 hours), you can return to work or school provided you continue to take extra precautions for an additional 5 days. Unvaccinated adults or children under 12 must obtain a negative test result to exit isolation during this period. Still testing positive days 6-10? Once you have isolated for 10 days, you are free to go back to normal if you're feeling better - no test required!

If you're back at school or work fewer than 10 days from the onset of symptoms or a positive test result, take extra precautions:

- Wear a mask (even when it's not otherwise required, like while seated in class)
- Avoid unnecessary contact with vulnerable people
- Avoid participating in non-essential social activities
- Try to keep a 2-meter distance whenever you can

Do you live with someone who has COVID-19? Be extra careful for 10 days starting with the person's illness:

- Wear a mask (even when it's not otherwise required, like while seated in class)
- Monitor your symptoms closely and take a rapid test if any appear
- Avoid unnecessary contact with vulnerable people
- Try to keep a 2-meter distance whenever you can

Furthermore, *Santé Publique* strongly recommends that unvaccinated people who have never had a COVID-19 infection also self-isolate for the first 5 days with the positive case.

Please note that there are impacts of isolation requirements and the increase in cases at the level of personnel. We work hard to provide quality educational services for our student population and ask for your patience and understanding in the event that you are seeing an uptick of substitutes, hybrid learning or other adjustments.





## Drummondville Elementary!

The staff and students of Drummondville Elementary School (DES) are happy and settling in nicely at their new building on Farrell street!

The official opening took place on March 17th with much celebration as history was made. Congratulations to everyone who contributed to the realization of this monumental accomplishment. We wish the DES community a wonderful rest of the year and continued growth!





# Pedagogical Services

Dear Parents, you will soon be receiving a second communication (by April 22nd 2022), as a means of keeping you well informed of your child(ren)'s progress at school.

With Spring now at our doorsteps, your child may feel additional stress, faced with several assignments and/or upcoming Ministry exams. Here are some tips that might help him/her deal with their anxiety.



**The Richmond,  
Danville &  
Drummondville  
area CLC turns  
10!**

To celebrate, our CLC partners are helping us throw a community bash. All community members and partnering organizations are invited to join us at Richmond Regional High School on June 14th. Food, games and friendly conversations are on the menu for the evening. Thank-you to the Mesure Les Éclaireurs and the Partners for the Vitality of the English-speaking community of Val-Saint-François and Des Sources for their support in organizing this celebration.

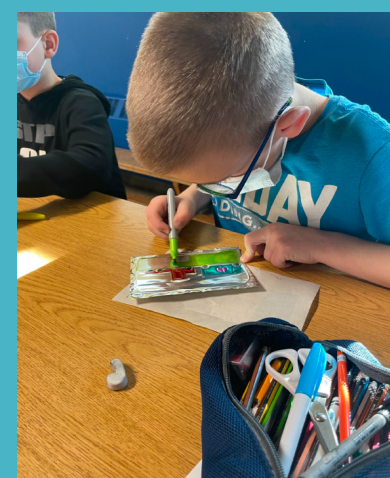
Follow the Richmond, Danville & Drummondville area CLC's Facebook page for more details soon.



## The Bedford Farnham CLC!



The Bedford Farnham CLC was thrilled to host an artist through an ELAN (English Language Arts Network) grant called "Artists Inspire." Deidre Potash visited Farnham Elementary and taught all the students what legacy art was. Through the technique called metal embossing, students were able to create a piece of art that was part of a collaborative montage. The theme for this artwork was kindness and representing ourselves.



## She Kills Monsters

Get your tickets  
[HERE!](#)

Watch the trailer  
[HERE!](#)



Photo credit - The Record

### She Kills Monsters

She Kills Monsters tells the story of high schooler Agnes Evans as she deals with the death of her younger sister, Tilly. When Agnes stumbles upon Tilly's Dungeons & Dragons notebook, she finds herself catapulted into a journey of discovery and action-packed adventure in the imaginary world that was her sister's refuge. In this high-octane dramatic comedy laden with homicidal fairies, nasty ogres and '90s pop culture, acclaimed playwright Qui Nguyen offers a heart-pounding homage to the geek and warrior within us all. Suggested Audience age 12+



# Mental Health Webinar Series

## Sleep Hygiene: a discussion with Dr. Gruber & Dr. Pinestri



**Wednesday April 27th  
10:30 AM - 12 PM**

**Learn more & register  
via the link below!**

These discussion-style webinars will be led by Dr. Cindy Finn. You will be given the opportunity to participate during the sessions. However, if you have any specific questions related to the topics you would like discussed by our experts during the webinar, please feel free to write to us at [discussion@lcee.ca](mailto:discussion@lcee.ca) or add it to your registration. All details about the sessions and speakers can be found on the registration pages [HERE!](#)

## Social Connections: a discussion with Dr. Bukowski & Russ Kueber



**Wednesday May 25th  
10:30 AM - 12 PM**

**Learn more & register  
via the link below!**

**[Head HERE!](#)**

sponsored by:



Canadian Mental  
Health Association  
Montreal  
*Mental health for all*

Association canadienne  
pour la santé mentale  
Montréal  
*La santé mentale pour tous*





# International Student Program



COMMISSION SCOLAIRE  
**Eastern Townships**  
SCHOOL BOARD

INTERNATIONAL STUDENT PROGRAM  
PROGRAMME DES ÉTUDIANTS INTERNATIONAUX

**DEVENEZ FAMILLE D'ACCUEIL**  
pour un étudiant international

**BECOME A HOST FAMILY**  
for an International student



**Host families wanted!**

**Do you enjoy meeting people from other countries and sharing your culture and daily life with them?**

**ETSB is looking for English, French or bilingual families to host high school students next year. Do you have a room available? It might be a great project for you!**

**Click [here](#) for more information!**