

COVID-19

WHAT SHOULD I DO IF MY CHILD AGED 6 MONTHS TO 5 YEARS OLD HAS SYMPTOMS?

The list of symptoms and instructions to follow apply **regardless of the vaccination status.**

MY CHILD HAS **ONE OR MORE** OF THE FOLLOWING SYMPTOMS:

- Fever $\geq 38.5^{\circ}\text{C}$ (rectal)
- Cough (new or worsened)
- Sudden loss of smell without a stuffy nose, with or without loss of taste
- Shortness of breath
- Difficulty breathing
- Sore throat
- Headache
- Intense fatigue
- Generalized muscle aches (not related to physical exertion)
- Significant loss of appetite
- Stomach aches
- Nausea
- Vomiting
- Diarrhea



If the symptoms start at home

I notify the daycare or the school and keep my child at home.



If the symptoms start at school or at the daycare

The daycare or the school will contact me to pick up my child for an **immediate return at home.**



AFTER 24 HOURS AT HOME

IF MY CHILD **NO LONGER** HAS SYMPTOMS



He can go back to school or to the daycare.

IF MY CHILD STILL HAS **AT LEAST ONE** SYMPTOM



I need to complete the **online self-assessment tool by clicking here** and follow the instructions or call **1-877-644-4545**.



If my child must have a screening test, **the members of the household don't have to isolate themselves while waiting for the results.**



If my child's test result is **negative**,* his or her symptoms have improved, and his or her general condition is good, my child can **resume his or her activities**.**



If my child tests **positive**, he or she must **isolate himself or herself for 10 days**. **Members of the household should follow the instructions** given by the Direction de santé publique de l'Estrie at the time of the investigation.



WHAT IF I REFUSE THE SCREENING?

If my child needs to be tested for COVID-19, but **I refuse**, I must keep him or her in **isolation at home for a minimum of 10 days** from the onset of their symptoms **AND until they disappear**.



In this situation, **members of the household must also isolate themselves for 10 days** and must monitor their symptoms for 14 days.

*If indicated in the online self-assessment.

**Except if I am in isolation because I have been in contact with someone who is positive for COVID-19.