

COVID-19

WHAT SHOULD I DO IF MY CHILD BETWEEN THE AGES OF 6 AND 17 HAS SYMPTOMS?

The list of symptoms and instructions to follow apply **regardless of the vaccination status.**

MY CHILD HAS **ONE OR MORE** OF THE FOLLOWING SYMPTOMS:

- Fever $\geq 38.5^{\circ}\text{C}$ (rectal)
- Cough (new or worsened)
- Sudden loss of smell without a stuffy nose, with or without loss of taste
- Shortness of breath
- Difficulty breathing
- Sore throat
- Headache
- Intense fatigue
- Generalized muscle aches (not related to physical exertion)
- Significant loss of appetite
- Stomach aches
- Nausea
- Vomiting
- Diarrhea



If the symptoms start at home

I notify the school and keep my child at home.



If the symptoms start at school

The school will contact me to pick up my child for an **immediate return at home.**



I need to complete the **online self-assessment tool by clicking here** and follow the instructions or call **1-877-644-4545.**



If my child must have a screening test, **the members of the household don't have to isolate themselves while waiting for the results.**



If my child's test result is **negative*** his or her symptoms have improved, and his or her general condition is good, my child can **resume his or her activities.****

**If indicated in the online self-assessment.*

***Except if I am in isolation because I have been in contact with someone who is positive for COVID-19.*



If my child tests **positive**, he or she **isolate himself or herself for 10 days.** **Members of the household should follow the instructions** given by the Direction de santé publique de l'Estrie at the time of the investigation.



WHAT IF I REFUSE THE SCREENING?

If my child needs to be tested for COVID-19, but **I refuse**, I must keep him or her in **isolation at home for a minimum of 10 days** from the onset of their symptoms **AND until they disappear.**



In this situation, **members of the household must also isolate themselves for 10 days** and must monitor their symptoms for 14 days.