



COMMISSION SCOLAIRE
Eastern Townships
SCHOOL BOARD

ETSB Connections Newsletter



*Don't forget to check the
[modified school calendar](#)
for the
youth sector*

March 2021

Number 6 – Volume 1

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*La version française sera disponible sur
notre site web prochainement*

Construction Begins on the New Site for Drummondville Elementary

On Wednesday, February 24th, the Eastern Townships School Board held a virtual press conference to announce the start of construction on the new site for Drummondville Elementary. Accompanied by the Minister of Education, Mr. Jean-François Roberge, local Deputy for Bois-Franc Mr. Sébastien Schneeberger and city councillor, Stéphanie Lacoste, the first architect's drawings were unveiled.

The new school, located on Farrell street in Drummondville, will be approximately 4,000 square metres spread over two levels, with an L-shaped plan that frames the playground. With an investment of just over \$16.6 million, it will include three pre-school classes and 13 regular classes as well as a double gymnasium. The school will incorporate new design elements that will, among other things, promote Québec materials, natural light with abundant windows and an overall design that is integrated into the environment.

...cont'd on page 4

COVID-19 Update

If a person in your home has symptoms and

- they have completed the [online self-assessment](#) on the [quebec.ca](#) and the recommendation is for them to get tested for COVID-19, or
- they are waiting to take a test for COVID-19, or
- they are awaiting for test result,

they must self-isolate WITH all members of the household until they receive their result.

So, if you or your child has symptoms and needs to be tested, your whole family (members of the same household) must self-isolate while waiting for the results.

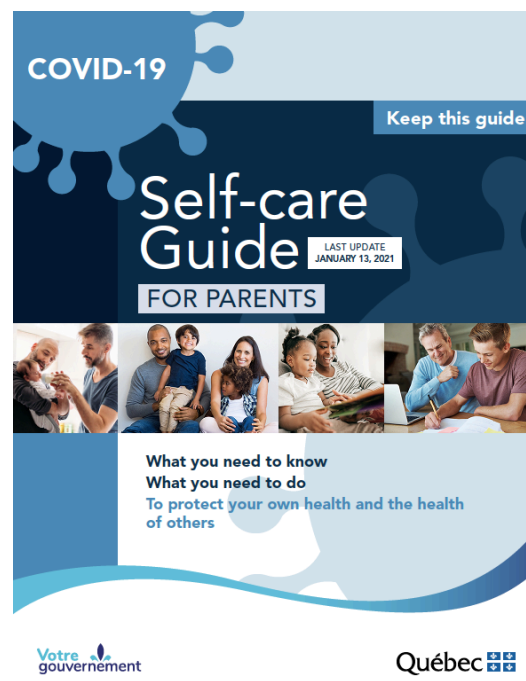
It is important to advise the school as soon as possible.

For more information: [CIUSS de l' Estrie - CHUS - Screening Criteria and Locations](#)

During the March Break, from **February 27th to March 7th**, if you need to report a positive case of COVID-19, please contact the school board directly by calling **toll free 1-833-381-1196**. Please leave a message and someone will get back to you shortly.

Self-Care Guide

The *Santé et services sociaux* for Québec has updated their Self-Care for parents. Please [click here](#) to access the revised guide.



New Measures for Students in Elementary School: When to Wear a Mask

As of **Monday, March 8th**, there will be new measures in place for students from **grade 1 to 6** in elementary schools. Following recommendations from the *l'Institut national de santé publique du Québec* (INSPQ), the Ministry of Education (MEQ) is making it **mandatory for all students, except for pre-school (pre-k and kindergarten), to wear a face covering at all times. Therefore, face coverings MUST be worn at all times in class, when circulating in the school, and on school transportation.** Elementary students will not have to wear a mask outside on the school playground.

The MEQ will be sending paediatric procedure masks to school boards, and once these have been received, all elementary students from grade 1 - 6 will be required to wear a paediatric procedure mask that will be supplied by the school. As soon as we receive the paediatric masks, your child's school will be in contact to let you know how these will be distributed.

Please keep in mind that all ETSB schools are still in a red zone and that we will continue to follow all the measures previously in place as well as implement these new ones.

Again, we thank you for your ongoing support and collaboration throughout these unusual times.

Parent Resources: Stress and Challenges during these Uncertain Times

Parenting at the best of times can bring many challenges but, during the uncertainty of a pandemic, it can bring an added level of stress, anxiety and concern.

The Centre of Excellence for Mental Health and LEARN Quebec jointly sponsored a series of four workshops for parents to help you through these challenging times.

Please click on the title below to access the video.

[Parenting During the Pandemic: Helping Our Children Adjust](#)

[My Child is worried; How can I provide support?](#)

[My teenager is worried: How can I provide support?](#)

[Coping with stress, anxiety and loss while parenting in uncertain times](#)

Drummondville Elementary cont'd

Since it was reopened in 1998, Drummondville Elementary has seen a dramatic increase in its student population. The current building on Chabanel Street has seen numerous renovations and one addition already. The new building will not only have more physical space but it will also be designed to foster and support student learning and success.

Congratulations to everyone involved in this project!



“With the continued increase in enrolment at Drummondville Elementary School, our wish was to be able to build a new school with a large playground, a state-of-the-art recreation area and cutting edge technology classrooms. Today marks the beginning of the ability to provide the students and the staff of Drummondville Elementary School a learning environment where they can not only succeed but above all thrive.” - Michael Murray, ETSB Chairman

“New spacious and bright common areas will give students and staff the opportunity to enjoy learning and recreational activities that they are not able to do in the current building. A spacious new gymnasium will allow us to learn and play new games and sports together. The possibilities are endless and we couldn't 't be more excited”. - Dany Grenon, DES Principal



Parent Workshops: Supporting Our Children to be Their Best Selves - Part 1 and Part 2

Presented by: Kim Barthel, clinician, teacher, and occupational therapist

Description

It is hard to see our kids experiencing stress, sadness, worry, suicidal ideations and loneliness, and it's even more difficult to co-regulate our children when we are ourselves triggered by their behaviour. Self-awareness and self-compassion are the key components of conscious parenting. With an introduction to attachment theory that nurtures mindful collective resilience, these one-hour online sessions aim to encourage emotional safety for the whole family - one of the key foundations for optimum child development.

In order to offer choice, each session will be offered at two different dates and times

PART 1:

- * Tuesday, April 13th from 7pm to 8pm
- * Saturday, April 17th from 11am to 12pm

PART 2:

- * Thursday, April 22nd from 7pm to 8pm
- * Saturday, April 24th from 11am to 12pm

A Zoom link will be emailed to participants.

Deadline to register: Thursday, April 8th

Note: A participant who does not register for Part 1 may register for Part 2

[CLICK HERE TO REGISTER](#)

