

# COVID-19

## WHAT SHOULD I DO IF MY CHILD AGED 6 MONTHS TO 5 YEARS HAS SYMPTOMS?

### MY CHILD HAS ONE OR MORE OF THE FOLLOWING SYMPTOMS:

- Fever  $\geq 38.5^{\circ}\text{C}$
- Cough (new or worsened), shortness of breath, difficulty breathing
- Runny or stuffy nose or sore throat AND fever  $\geq 38.1^{\circ}\text{C}$
- Stomach aches, vomiting, or diarrhea AND fever  $\geq 38.1^{\circ}\text{C}$



If my other children don't have symptoms, they can go to school or daycare.



If the symptoms start at home

my child will **stay home**, and I will notify the school or daycare.



If the symptoms start at school or daycare

the setting will contact the parent to pick up the child for an **immediate return home**.



### AFTER 24 HOURS AT HOME

IF MY CHILD **NO LONGER HAS SYMPTOMS**



they can go back to school or daycare.

IF MY CHILD STILL HAS **AT LEAST ONE SYMPTOM**



I need to complete the online **self-assessment tool** by **clicking here** and follow the instructions or call **1-877-644-4545**.



### WHAT IF I REFUSE SCREENING?

If I am told that my child needs to be tested for COVID-19, but **I don't want that**, I must keep them in **isolation at home for a minimum of 10 days** from the onset of their symptoms **AND until they disappear**.



If my other children don't have symptoms, they can go to school or daycare.



After my child **tests negative for the virus**, has a **reduction in symptoms** and is in **generally good health**, **he or she can attend school or daycare\***.

*\*Except if he or she is in isolation because of contact with a person who has tested positive for CO-*



When my child returns to school or daycare, I might be asked to fill out a pledge form to confirm that my child can return.

Centre intégré  
universitaire de santé  
et de services sociaux  
de l'Estrie - Centre  
hospitalier universitaire  
de Sherbrooke

Québec