

COVID-19

WHAT SHOULD I DO IF MY CHILD BETWEEN THE AGES OF 6 AND 17 HAS SYMPTOMS?

MY CHILD HAS **ONE** OF THE FOLLOWING SYMPTOMS:

- Fever $\geq 38.1^{\circ}\text{C}$
- Sudden loss of smell
- Cough (new or worsened)
- Shortness of breath or difficulty breathing
- Sore throat
- Runny nose or congestion

OR AT LEAST TWO OF THE FOLLOWING SYMPTOMS:

- Headaches
- Intense fatigue
- Generalized muscle aches (not related to physical exertion)
- Significant loss of appetite
- Nausea and vomiting
- Stomach ache
- Diarrhoea



If my other children don't have symptoms, they can go to school or daycare.



If the symptoms start at home

my child will **stay home**, and I will notify the school or daycare.



If the symptoms start at school

the school will contact the parent to pick up the child for an **immediate return home**.



I need to complete the online **self-assessment tool** by **clicking here** and follow the instructions or call **1-877-644-4545**.



After my child **tests negative for the virus**, has a **reduction in symptoms** and is in **generally good health**, **he or she can attend school***.

**Except if he or she is in isolation because of contact with a person who has tested positive for COVID-19.*



WHAT IF I REFUSE SCREENING?

If I am told that my child needs to be tested for COVID-19, but **I don't want that**, I must keep them in **isolation at home for a minimum of 10 days** from the onset of their symptoms **AND until they disappear**.



If my other children don't have symptoms, they can go to school or daycare.



When my child returns to school, I might be asked to fill out a pledge form to confirm that my child can return.

Centre intégré
universitaire de santé
et de services sociaux
de l'Estrie - Centre
hospitalier universitaire
de Sherbrooke

Québec 