

, 2017

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The Record

Potton welcomes two new principals to its local Elementary schools



THE SCOOP

MABLE HASTINGS

Mansville has two local Elementary schools within the town, the French school, Ecole du Baluchon and the English school, Mansville Elementary. With the departure of both of last year's school Principals, Catherine Canzani (MES) and Stephane Gevry (Le Baluchon), this year, both schools are welcoming a new Principal/Director. Ecole du Baluchon School would like to introduce their new Director, Amélie Girard and MES presents, David Scott who is also Vice-Principal at Massey Vanier High School in Cowansville.

Recently, members of the Missisquoi North Volunteer Centre (CABMN) staff working with youth and volunteers had the pleasure of sitting down with both principals on two separate occasions to get acquainted and to determine how the Volunteer Centre can collaborate with the schools for the maximum benefit of the children in the community and their families.

CABMN Volunteer Coordinators, Sarah Jersey (who also coordinates youth programs through the CAB) and Debbie Harding (Assistant to the Director) as well as Youth and Communications Coordinator, Eleanor Cote felt that the two local schools were in very capable hands following their exchange. Many exciting programs are being offered at the two schools and both directors are eager and ready to work with the community.

The CABMN Nutri Sante committee has already held a very successful Fall Lunch in September featuring healthy garden grown food taking the produce from garden to plate. This year the event was hosted by MES with Baluchon students and staff attending. The two schools collaborate very well and the staff team in each have a good communication and exchange system.



Debbie Harding and Sarah Jersey (CABMN) pose with new MES Principal, David Scott along with Eleanor Cote CABMN



PHOTOS COURTESY

Eleanor Cote, Amelie Girard (Ecole du Baluchon Principal), Sarah Jersey and Debbie Harding - Volunteer Centre (CABMN) staff welcome new Baluchon Director.

The Potton community joins the CABMN in welcoming the two new Principals at each of the local schools and students, families and neighbours look forward to many positive opportunities to collaborate and grow in support of Potton's children's educational needs. Welcome to Potton Amelie and David...

The Record, Monday Nov. 6, 2017

This community should be very, very proud of itself

TO ALL THOSE WHO HAVE HELPED MAKE THE KNOWLTON ACADEMY GREENHOUSE AND GARDEN PROJECT A REALITY:

Well the Knowlton Academy outdoor garden is just about done for the year but we will be keeping very busy indoors in the garden club working on projects and decorations for the garden, cooking and getting ready for the spring while incorporating garden related projects in the classrooms. There are a few things left to plant and a few things left to pull out and one last stone project in the works with Craig Heath but it's pretty much a wrap outdoors for the growing for the year. And what an amazing year it was!

There are so many people to thank: Tara Moar and Matthew Greer who fundraised in the Virgin Hill airstream for us during Brome Fair. Debi Mason Poirier who built us an outdoor classroom in the garden with her tables, all the moms who came every Tuesday to do garden snacks with us, all the people who picked up and transported stuff for us, donated stuff, worked in the gardens, built things for us. To Jason Lahue who gave us enough garlic to plant 1,500 heads so provided us with a fundraiser, thank you! Tasha-Marie Chubbyy, Justin Jacques, Kasandra Julien Charby and her

husband Chris who replaced our stolen water tanks, what generosity! Tracy Wing who planted our memorial perennial garden, Dr. Michel Delorme, world renowned bat specialist, who gave an amazing bat workshop. Jackie McGovern and Rose Highfield for the gazillion carrots that were probably the biggest hit of the season. The students ate carrots for their Tuesday veggie snack for seven weeks solid, Kirra and her pals pulled the last of them out just last week for a munch when we were cleaning some stuff up. Judy Martin and Penny Charby who gave us two freezers after I started collecting veggies from people's gardens for the cafeteria. And Sheila Perry who always lent us our amazing gang of Secondary 1 students when we needed extra help hauling and building. Thanks to them too – it's been an absolute delight working with those kids. And to Wanda Willis for being game about my food collection idea and dealing with all of the produce I dumped on her for the cafeteria.

We collected about 170 pounds of food for the cafeteria, we built bat boxes, we planted all kinds of things. This year was a huge success thanks to so many. These are the people who made this happen: Shane Imhoff, Abigail Allen Tryhorn, Melissa Elston, Shelley Mizener, Stephanie Goyette, Jen Wykes, Steven W.

The Record, Nov-7-2017





Call, Ange Jones, Nina Lavigne, Scoobie Davies, Lisa Laro, Jessica Fleury, Pascal Burnham, Jess Cousens, Justin Cuplinskas, Jeff Page, Oliver Blampin, Craig Foster, Derek Burcombe, Wayne Tryhorn, Nelsha Fontaine, Barry Dwyer, Kirk Royea, Chris Muir, Donald Langois, Gordon Marr, Beloit St. Pierre, Nancy McCullough Stuart McLeod, Graham Harrison, Chris Harrison, Stephanie Marks, Barbara B-g, Liza Norton, Shelley Judge, and Ross Ann Rizora, Corey Smith, Annie Butler, Ann Davidson, Richard Gagnon, Judith Duncanson, Tanya Bardati, Stéphane Bessette, Heidi Neil, Lee Mosher, Emily Broadbent, Judy Martin, Helene Dubuc, and Penny Charby. That's a lot of people. And that's not including all the people who dropped off pots and tools and perennials, and I don't know who you are, and all of the people who have made private financial contributions. There are probably well over 100 people involved.

A special thanks to my cohort and co-coordinator Jen Harrison, Susan Muir, and our principal Renalee Gore who lets

me think outside the box and lets me run with all my crazy ideas, whether it be finding room to put two freezers I got because I collected 100 pounds of rhubarb and zucchini and needed somewhere to put it, or when I wanted to run 250 feet of hose to spray down 240 kids and serve them ice cream during a heat wave, or when I suddenly needed to build 120 feet of beds to plant garlic.

This was a big job but it felt easy because every time we needed something we threw it out there and you gave it to us. EVERY. SINGLE. TIME. You gave us plants, you gave us time, expertise, seeds, manpower, tools, water tanks, delivery services, freezers, food, tables and chairs, security options and so much more. You gave us a garden.

We will see you outside in the garden next spring!

JENNIFER RUGGINS-MUIR
Co-coordinator

Knowlton Academy Greenhouse and
Garden Project (The K.A. Secret Garden)

Commemorate Remembrance Day in Cowansville Saturday



PHOTOS COURTESY OF LOUISE SMITH

Members of the RCMP walk alongside people as commemorative wreaths and crosses are laid at the cenotaph.

By Louise Smith

Usually the Remembrance Day parade and ceremony takes place on the Sunday closest to Remembrance Day. Because Remembrance Day falls on a Saturday this year, the Royal Canadian Legion, Branch No. 99, in Cowansville, is moving the parade to the actual day. When it is not on the 11th, the ceremony happens in the afternoon, but because it is the 11th, the event will start to be underway at 10:30 so that the two minutes of silence can be at the eleventh hour.

Joining the members of Branch No. 99 will be a piper, complete in his kilt, and members from the RCMP, as well as the Air Cadets from the Massey-Vanier Cowansville Unit and new this year, the

Army Cadets and their band will be coming from Farnham.

Farnham no longer has an active branch of the Royal Canadian Legion. The Lions' Club of Cowansville has often joined in the parade too.

After the parade, wreaths and crosses will be placed by families, friends, schools, churches, and businesses, and town council members at the cenotaph.

Over the years the number of spectators has varied, but this is the one day of the year when we can show support for the members of the various Canadian services who have served their country. The parade and ceremony will take place on Davignon Blvd. near the legion, behind Heroes' Memorial School. Light refreshments will be served inside the legion after the ceremony.

The Record, Mon. 7.20.17



A piper and the Massey-Vanier Air Cadets form part of the Remembrance Day Parade in Cowansville.



A special table is always laid out inside the legion to honour those men and women who do not return from service.



photo courtesy Alexandre Galt Heigh School

The members of the Alexander Galt Regional High School cross-country running team are the 2017 ETIAC champions. They are seen here wearing their winning medals with the ETIAC banner after the competition.

St Anny's Journal, Nov. 8, 2017

Gilbert And Jalbert Named Piper Athletes Of The Month

**Bob Fisk,
Special
collaboration,
Lennoxville**

Maria Gilbert from the junior girls soccer team and Thomas Jay Jalbert from the cross-country running team were named the Piper athletes of the month for October at Alexander Galt High School.

Gilbert helped lead her team to a 5-0 record in the month of October in which she registered 11 goals. More importantly she netted a hat trick in the championship game in, which they defeated Massey-Vanier 3-0. Although she is in grade 8 her soccer skills and determination made her an instant leader on the junior team. The Lennoxville resident is also an intelligent player, which allowed her coach Tracey Chantler to play her at all positions. The soft-spoken Gilbert also scored two goals for the senior team when she was called up for one game. She will continue to refine her skills in the ever-popular sports concentration program throughout the year, as she will make the jump to the senior team next year. The 13 year old also excels in the classroom where she sits on the Principal's List.

Jalbert dominated the bantam boys category in the ETIAC cross-country running circuit by finishing first place in all three races. The points he accumulated helped his team win the league banner for a fifth consecutive season. The grade 8 student also won the bronze medal in the RSEQ regional championships at College Mont St. Anne. As a result, he represented the Estrie Region at the Provincial Championships in

Rimouski in which he placed 15th. The 13 year-old significantly increased his size and strength over the course of the year while training in the sports concentration program which has allowed the quiet Sherbrooke resident to gain a lot of confidence in his abilities.



Maria Gilbert

photos courtesy



Thomas Jay Jalbert

Local Sports

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Maria Gilbert from the junior girls soccer team



Thomas Jay Jalbert from the cross-country running team

400 mains à l'œuvre

Des élèves de l'école primaire de Sutton participent à une banderole pancanadienne



PASCAL FAUCHER
pascal.faucher@lavoixdelest.ca

SUTTON — « Ne dépassez pas les lignes! »

L'artiste Jean-Pierre Arcand en avait plein les bras, mardi, alors qu'il supervisait les enfants de l'école primaire de Sutton à travers les pots de peinture, les pinceaux et les cris.

Nu-pieds, mais vêtus de sarraus ou de sacs-poubelles, peignant au pinceau ou à deux mains, chacun des quelque 200 élèves de l'établissement bilingue a participé à l'effort artistique où le bleu, le rouge et le jaune prédominaient.

La commande était double : une murale pour l'école sous le thème du printemps et de la montagne, et une autre qui, après restauration, se greffera à celles d'une trentaine d'autres écoles au Québec, en Ontario et au Nouveau-Brunswick.

Une œuvre collective qui prendra le chemin d'Ottawa, en décembre, et que Jean-Pierre Arcand aimerait bien faire inaugurer par le premier ministre. En prévision du jour du Souvenir, c'est le thème des vétérans qui a été retenu à Sutton. Zoé Béliveau, 11 ans, a peint des soldats, et Zaya Aidlinjer, un char d'assaut.

« C'est vraiment *cool* qu'on puisse faire ça ! », a dit Zaya, l'œil étincelant sous son bonnet à l'effigie de la feuille d'érable.

Tous les provinces et territoires seront représentés sur le projet baptisé Murale nationale des



Une murale pour l'école et une autre qui prendra le chemin d'Ottawa ont été réalisées par les élèves de Sutton, mardi. — PHOTO JANIEK MAROIS

enfants Canada - 150, en référence au sesquicentenaire de la création de la Confédération

canadienne. L'activité à Sutton a été réalisée en collaboration avec la fondation Boulanger-Bédard, la

Légion royale canadienne filiale 158, Patrimoine Canada et la Francoderole.

School Page Knowlton Academy - Garden Project

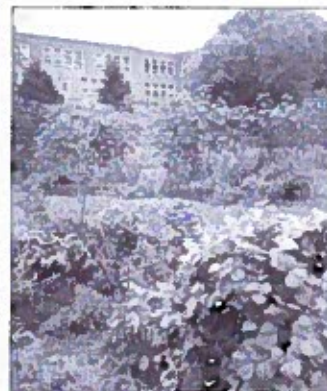
Cameron St Onge, 9, grade 3
"It's good for you to be outside and good exercise and it's really good to have fresh air."



Melissa Elston, parent
"It's an amazing experience for students, parents, teachers and the community.. It's wonderful for the kids to have access to healthy eating at school, it helps Wanda and the amazing ladies who work with her and is great for her budget. All in all its a beautiful thing and all schools should have them."



Griffon Blampin, 7, grade 2
"It's really fun and it's 'catable'"



Jess Cousens, Parent
"It's a wonderful educational experience for the children and a welcome addition to the school program!!"



Barbara Ruttle Greenwood, parent
"The garden program is amazing! Not only has it taught the kids the joy of growing their own food but by being a volunteer it has taught me alot as well and I enjoy seeing the smiles and curiosity of the children. Plus it gives extra snacks during the day that helps boost their energy. My daughter loved it so much she took care of her own garden at home and we had fresh food all summer long."



Hunter Perkins, 9, Grade 4
"It's really really, really fun I love planting seeds!"

Eaden Muir, 9, Grade 4
"I like planting food and I like going to the garden to see whats growing and is new down there."

Kirra Muir, 7, Grade 2
"It's fun and delicious, I love carrots!"



Victor Bertrand, 12, Grade 7
"Gardens bring life! And I love being outside."

Braylen Major, 12, Grade 7
"I love it that we have veggies to grow and have something to work on during recess and lunch."

Allison King, 8, Grade 3
"I like how we plant our own food and work hard."