

'Greece' is the word



THE SCOOP

MABLE HASTINGS



MABLE HASTINGS

Fourteen-year-old secondary three high school student, Emma Guilbault has spent the last two years fundraising for a trip that she and over 100 other students from LaRuche High school in Magog will be taking on February 24 to Greece.

"The trip is a dream come true," said Emma. "Nine days in Greece is not something that every young person gets to do and I am really looking forward to the experience."

Emma and her family have put a lot of effort into raising the money needed, (over \$3000.00 per student), to pay all expenses related to the trip. A variety of fundraising activities have been held over the past two years including the recent spaghetti supper held on February 11 at the Town Hall in Austin. Tickets were purchased by some 70 people and the event included some outstanding door prizes (ski, spa, and bowling passes as well as many other items) also a half and half draw that added to funds raised.

When I asked Emma to interview her about the trip, it was very important to her that the help she received be noted.

"The generosity of people from Potton, Bolton, Austin, Magog and surrounding areas has been overwhelming," said Guilbault. "Without all who donated items, volunteered at events and those who attended and supported our

fundraisers, I would not be able to do this. I am so grateful."

Emma and the other students will depart on February 24 for the nine day trip to Greece where they will see the sites, learn about the history and culture and share a memory together that is sure to last a lifetime. Emma who is now attending Alexander Galt in Lennoxville is still able to take part in the trip since she has been involved since planning began in 2015.

Emma and her parents, Allan and Jenn wish to extend their appreciation for the help of the following businesses and people, in no particular order, who were so kind in making this happen: Virgin Hill Coffee, A.F.R.P. Marcoux Inc. ESM Excavation, Fromagerie L'Abbey St.Benoit du lac, SPA de Chutes de

Bolton, Salon des Quilles Memphre, Owls Head Ski and Golf, Quinns (Purina), Giroux and Giroux (Rona), Boucherie Rene et Richard, Garage Laurent Gilbert, Bar Laitier Grizzly, Joyce Ruck, Wendy's Bar, the Sherbrooke Record, Restaurant Missisquoi, Marg and Sid Daigneault, EGS Eurocam, Johanne Chartrand, Fruits et Legumes de l'Estrie, Alimplus Inc., C.Rodrigue LeLaitier, Pom Multi-Markes Canada Bread and all others who made this happen.

In less than a week, Emma will travel some 7000km to Greece, Italy and an entire community can take credit for helping her to get there. They say that many hands make light work but in this case, many hearts have made a dream come true for a very excited fourteen year old!

The Record Feb. 20, 2017

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Article rank | 23 Feb 2017 | Sherbrooke Record | By Matthew McCully

Bill 105 levels the playing field for ETSB parent commissioners

During Tuesday evening's Eastern Townships School Board (ETSB) Council of Commissioners meeting, Chairman Mike Murray pointed out that it was a historic occasion in terms of the rights of parent commissioners.

Following the adoption of education bill 105, parent commissioners now have the same voting rights as publicly elected commissioners.

They can also chair advisory committees and hold the position of vice-chair of the council of commissioners.

Murray said that in the coming months the board will hold new advisory committee elections, to give parent commissioners the opportunity to participate on the committees in their full capacity.

During question period, Appalachian Teachers' Association President Megan Seline asked the board what other impacts the final version of bill 105 would have on the ETSB.

Murray said the main idea of the bill was subsidiarity, keeping decision-making as close to the point of impact as possible.

A resource allocation committee, comprised of a cross section of ETSB employees, was another measure in the bill, to ensure there is sufficient consultation regarding the budget.

Murray pointed out that while those ideas could represent a major change for some boards, the ETSB already had a consultative process in place. Other than the balancing of the rights of parent commissioners, in substance, the bill included no great changes to the operation of the ETSB. Regarding the Educational Project, Murray said there was some name changing, like the 'strategic plan' becoming 'the commitment to student success', but the idea is the same.

Seline also questioned the council regarding the promotion of ETSB vocational programs to its high school students.

Pedagogical Services Director Kandy Mackey explained that vocational centres usually have an information booth during parent teacher nights. Guidance counsellors also spread the word about vocational options, and representatives from the vocational centres sometimes visit classes as well.

Seline then referred to a rumour that the programs at Centre 24 Juin, a French professional training centre, were being promoted at ETSB high schools, and that the programs available through the ETSB were being neglected.

"We have not heard the rumour," Chairman Murray replied.

Mackey added that while it was entirely possible promotion of Centre 24 Juin was happening, she pointed out that they have a number of options that the ETSB does not have.

Murray went on to say that there is a general push from the education ministry to promote vocational programs.

The role of guidance counsellors in ETSB schools, according to Mackey, is to make students aware of all options available, which includes the ETSB'S programs as well as other options or career pathways.

Director General Christian Provencher began his monthly report by saying the ETSB had just completed its annual registration campaign, which concluded Feb.3.

The registration period allows the board to form a plan based on projected enrollment for the following year.

Provencher also addressed the two days of school cancellations in recent weeks.

"The decision is never an easy one," Provencher said, adding that the process begins the night before.

The board has to consider the predicted road conditions for the trip to school in the morning and home at the end of the day. They also confer with other boards in the region, some of who they share bussing routes with.

Provencher said that ETSB personnel are up at around 3:30 a.m. to assess the situation, and make their final decision before 6 a.m.

"This is taken Provencher said.

Murray pointed out that the size of the territory covered by the ETSB is immense.

"It could be sunny at one end, and a blizzard at the other," Murray said, adding that the decision is based on the entire system, and always errs on the side of safety.

Parent Commissioner Ken Waterhouse said that he fully supported the board's decisions, referring to a bus accident that happened with another board on one of the days the ETSB decided to cancel classes.

Murray said that the board reserves three days each year in anticipation of bad weather. very seriously,"

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Article rank | 21 Feb 2017 | Sherbrooke Record | By Louise Smith

Granby Zoomobile a big hit at Heroes' Memorial

Over two days, Jonathan, part of the educational staff at the Granby Zoo, gave presentations to groups of Heroes' Memorial students outlining the jobs at the zoo, describing how the zoo operates, and the jobs that are associated with the zoo.

The Record, Feb 21, 2017



PHOTOS COURTESY OF LOUISE SMITH

Jonathan allowed students to greet Amazon, a boa constrictor.

The Parent Participation Organization paid for the workshops. Each student received an entrance ticket to the zoo.

The students learned a lot about the zoo as well as animal conservation. On the Monday, Jonathan brought along a box of worms; Tango, a Harris hawk; and Amazon, a boa constrictor. Students were invited to interact with "the guests."

The Granby Zoo has evolved over the years. Now it has become a non-profit organization dedicated to the preservation of animal habitats around the world. The students learned how animals are being better cared for as the years have gone by in the zoo itself while funds are being sent to areas of the world to save the natural habitats of endangered animals.

In the spring a new section will be opening up in the zoo, a dinosaur exhibit with animated dinosaurs on display to amaze and entertain the zoo goers.

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STANSTAD JOURNAL, FEB. 22, 2017

Lampe Award Winner

- An inspiration to her patients



photo courtesy

Licensed Practical Nurse (LPN) Jenny Davis was the winner of the Lampe's 2009 Sherbrooke Hospital Foundation Award.

Judy Hopps, Special Collaboration

What is more reassuring when you are in the hospital recovering from surgery than seeing a smiling face and being well cared for by a competent Licensed Practical Nurse (LPN)? Jenny Davis who works at Hotel Dieu 6C Orthopedic surgery floor is that nurse!

Winner of Lampe's 2009 Sherbrooke Hospital Foundation award in Health Assistance and Nursing

see A Rewarding, page 4

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A Rewarding job

Care. Jenny was born in Magog, attended Princess Elizabeth Elementary School, Alexander Galt Regional High School and then finished her LPN programme at the Lennoxville Vocational Technical Center.

Fall colors, ease of access to all the stores and working at CHUS Hotel Dieu are amongst her favourite things about the Townships. Spending time with her granddaughter Amelia, hunting and fishing and riding on her motorcycle are some of her spare time activities.

A long time worker at various nursing homes in the Townships, Jenny aspired to become a nurse in order to obtain better pay, better benefits and the chance to work in a hospital to advance herself. What she likes most about her current position is "the ever changing cases we have of surgery. Since the other surgery floor (3A) has been closed for more than 3 years we get all the surgeries from appendix to hip surgery, knee replacement, to tracheotomy surgery, you get to see all manner of wounds and dressings."

Jenny feels the personal qualities that a nurse should have include solid communication

skills, compassion, flexibility, attention to details, empathy, emotional stability, interpersonal skills and physical endurance. Nurses should also take care of themselves as well as their patients so that they don't suffer burn out. Her words to aspiring health care workers include "get organized from day one, if you don't know the answer find someone who does, go with your gut instincts and use what you have learned. Stay positive, REMEMBER you are part of a team and don't have to do everything by yourself."

Jenny's respective nature and sympathy towards others are reflected in her account of the following two memorable experiences. "I would have to say that one of the most memorable experiences had to be a patient that had surgery from a car accident where he was badly burned and the wound was enormous. Learning to care for the wounds, getting to meet his family, putting a smile on his face when he lost hope, actively listening to his story of how and what happened to place him in the hospital, making him see that HE IS STILL ALIVE and has a beautiful family and that they

care for him and NOT all hope is lost. This patient touched me, down deep in my soul. The smallest things that I did for him put the biggest smile on his face, knowing that I was there to care for him brightened his day. He saw how interested and invested I was in caring for his wounds and he appreciated having someone that could speak English to him. He left the hospital months later, wound was healing nicely. He had that fire back in his eyes accordingly to his family. They could see that he WANTED to survive and continue on with his life now, something that they had not seen in months. They all thanked me for what I did, I explained that I was ONLY doing my job as an LPN, they said NO Jenny, you went above and beyond your job description. That will sit with me forever."

"This memorable experience is one I will never forget either: a man in his late 70's had cancer of the larynx, esophagus, and a big mass on his neck. He would sit in his wheelchair and stare out into space. He was an English speaking man, hardly had a visit from his wife. He reminded me of a frail grandpa, you could see the sadness in his eyes. He had

multiple surgeries to remove the cancer and it kept coming back. He knew that life was short and he had all but given up hope. Many other nurses and LPN's tried to figure out what was wrong with his spirit and why he was always so sad. He could not speak because of the surgery for the removal of the cancer but he wrote on paper. I watched him each time I went into work and wondered how I could help. I read over his file over and over, looking for something that could bring me and him together in conversation. I found it...he lived in Ayres Cliff near where I would stop on my motor cycle route. That was my way into his inner bubble, that restaurant Woods. Well from that day, he would wait for me to come into work and he would start writing bits and pieces of what he wanted to discuss. I thought that maybe after being inside for months and months that he would enjoy going outside to have fresh air on his pale skin. When I spoke to my AIC (assistant nurse in charge) she thought that would be a good idea. So, when my break came round I went and got him in his wheelchair and off to the outdoors

we went. For the 10-15 minute break that we were outside oh he smiled, like it was his very first time outside. He kept writing thank-you on his note pad. Well, for months when I went to work (early by 20 minutes) I could see and chat it up with him seeing a smile on his face. Then, a surprise to me and all of the evening shift team there was a HUGE bouquet of flowers for us with a note letting all of us know how happy he was to finally find people that cared enough to take the time to interact with him, not just the doctors and stoma-therapist and what not, really take the time to see what he needed and chat with him even if it was just for a few minutes. I found out that he was being released from the hospital to be able to pass away at home. He left me a personal note...thanking me for taking him outside in the fresh air, putting a smile on his face with my kind words and wishing me the best of luck in all I do. I was sad to hear of his passing but I also know how hard it was for him to live through all that he did. His soul is finally at rest."

Wouldn't you be glad to have Jenny as your nurse?

...ent holds the pulse strings, it calls most ...

Letters

A Daughter's Gift of Life

DEAR EDITOR;

I am writing this in memory of my daughter Margaret. She was born in Toronto but when she was sixteen months old, we moved back to Quebec. She grew up in the Townships with her sister Dionne and her brother Russell. She attended L.E.S. and Alexander Galt. In 2003, she graduated and went to Champlain College in St. Lambert, Quebec. Through the summer, she worked and took courses in Sociology at Bishops University. When her course was finished she applied to universities in Ontario and was accepted at McMaster University in Hamilton.

In June 2008, she became ill. I received a call from her boyfriend, Greg, telling me that Margaret was in an irreversible coma and on life support. Her sister and I left immediately to go to Hamilton. Dionne was pregnant at the time and due in September. Margaret died June 30th. In November 2008, my daughter and I and friends went to her graduation ceremony in Hamilton. Her BA degree in Sociology cum lauda was presented to me. Afterward, we all went to down to Jackson Square to celebrate her graduation.

You see, Margaret wanted to be a social worker to help others so they wouldn't be just another number in the system. She believed in justice. She loved her nephews Johnathan and Rylee and her niece Haley. She knew that she would be aunt to another nephew. In her memory he was named Kolby Justice.

She also gave the gift of life by being an organ donor. Her lungs went to a young girl. One of her kidneys went to a gentleman in his fifties. Her second kidney went to a gentleman between 60 and 70. It was a sad time for us. We still miss her very much. However, now there are three people and their families who have a second chance by receiving Margaret's gift of life. It is important to register and sign the back of your Medicare card and let your family know you did. There are many people on a waiting list for an organ. It would be nice to meet the three recipients one day.

JOYCE MURRAY

The Record, Feb. 24, 2017

Massey-Vanier January athletes of the month

Submitted by Nate Forster

Massey-Vanier is proud to announce the male and female athletes of the month for January. Alyssa Sherrer is a dedicated junior basketball player who is committed to her team. In her last SSIAA tournament, she led her team in scoring in both games with 20 and 26 points helping her team win both games. She has a great vision of the game and is a positive leader both on and off the court. She has also taken part in senior girls basketball games

and has been a big help there as well helping the senior girls capture first place in a tournament in Quebec City. During the month of January Phil Bissonnette competed in 3 ETIAC swim meets. He finished the month with 2 first place finishes, 1 second place finish, 1 third place finish and 2 fifth place finishes in what is a very competitive junior boys division. Phil is very deserving of this honour as his hard work and determination at practice has yielded great results. Congratulations to both winners!

The Record, Feb. 22, 2017



COURTESY OF NATE FORSTER

Pink Shirt Day

SES says 'it's not cool to be cruel'



MATTHEW MCCULLY

By Matthew McCully

Sherbrooke elementary was one of the many schools in the Townships and across the country that took a stand against bullying yesterday by participating in Pink Shirt Day.

The anti-bullying campaign was started in 2007 at a high school in Nova Scotia.

When two students at the school noticed a boy was being bullied for wearing a pink shirt, they headed to a

discount store and bought 50 pink tank tops, which they distributed the following morning to stand in solidarity with the boy being bullied.

Pink Shirt Day has since spread across Canada, and Feb.22 every year is an opportunity to let victims know they are not alone, and spread the message that bullying in any form is unacceptable and will not be tolerated.

SES Vice-Principal Jennifer Palik said when she walked into the cafeteria at noon yesterday she was pleased to see so

much pink.

According to Palik, for the past two years Nancy Roy, a local parent, has been painting 500 clothes pins pink and bringing them to school so that kids who don't have a pink shirt could still show support for the campaign.

In this photo are Pink Shirt Day participants from each of the classes at SES, along with teachers Nancy Cameron, Dana Gillam and Vice-Principal Jennifer Palik.

Re Record Feb 23 2017