

## Green Guide for students and teachers

The Green Club of Knowlton Academy wishes to share their ideas on how to make your school environment more ecological and friendly.



What can be done outside the school?

- Make sure there are enough garbage cans and make sure all the litter goes into them. Should you see litter on the ground, pick it up!



- Have a recycling bin outside for juice boxes or any other garbage that can be recycled.
- Have a **no idling motor** policy for cars; make sure parents turn off their motor while waiting for their children.

- Observe how long the buses at your school idle their motors. ETSB's Transportation Department recommends no longer than 5 minutes of idling time but some buses keep their motor running longer while they wait for all the students to come out. This is an enormous source of pollution!
- Plant trees and take care of them.
- Have a compost bin outside for the food scraps from school lunches. This will require a composting program.
- Don't litter.

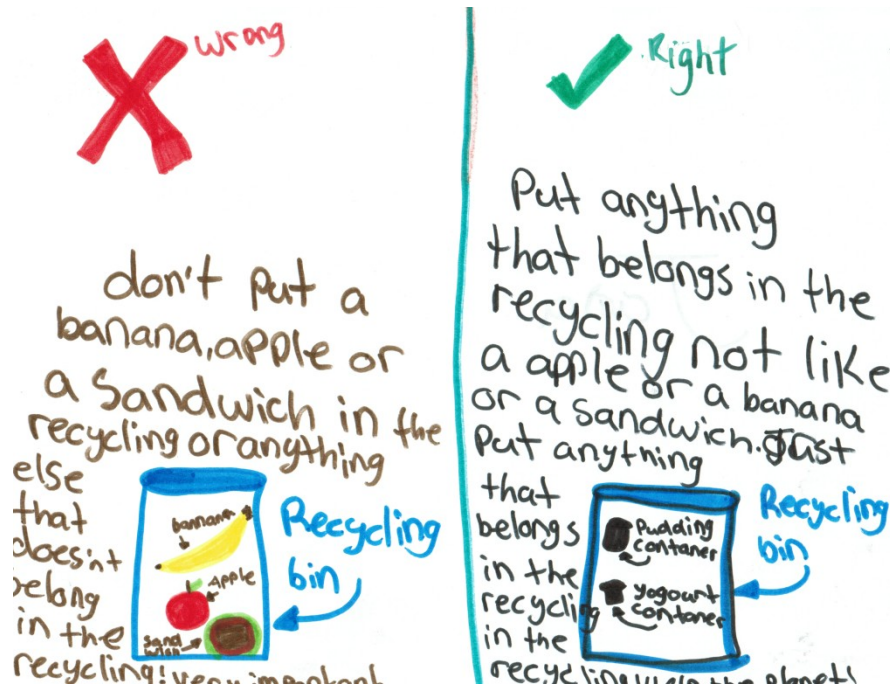


### What can be done in the cafeteria?

- Encourage students to have **zero waste** lunch boxes. Zero waste means that nothing goes into the trash. This means students and parents can use reusable containers for sandwiches rather than using a small plastic bag that ends up in the trash and you'll never use the bag again. Use reusable juice boxes instead of the individual ones that get thrown out. Think of the mountains of juice boxes that get thrown out every day and all that garbage just standing in a pile!! Plus, it is cheaper to buy a large container and empty some juice into your reusable container everyday for school. And it takes less processing to make it!
- Have recycling bins for juice boxes, yogurt containers, plastic containers and anything in your lunch that can be recycled. NOTE: Make sure the recycling bins or the bags with all the recyclable materials from the lunches are placed outside in the larger bins since smells can develop quickly inside.  
**FACT-** when you recycle the juice and water bottles, they can be made into the inside of sleeping bags and other fibers!

- Have composting bins for food scraps. This involves having a compost area outside and someone in charge of turning it over. Some schools make great compost and sell it for people's gardens! This is a good way to make money for your school and to buy stuff to help the environment like recycling bins

Make sure your school uses metal utensils rather than the disposable plastic kind. Although these need to be washed they do not end up creating more trash. If you use the plastic kind, take them home and wash them and reuse them too!



What can be done in the class room?

- Make sure you use both sides of the paper when you write or draw.
- Turn off the lights when you leave the room. Or better yet, if the room is bright enough, use natural lighting instead of the overhead lights.
- Make sure you have recycling bins available in every class room.
- If you need scrap paper, use the one in the recycling bin.
- Reread your work and correct any mistakes BEFORE you print it.
- Reuse school supplies from last year if they are still good. Do you really need a new pencil case or new lunch box every year? Can you reuse your duo tangs or binders if they are not ripped or torn? Consuming less is an easy way of having less impact on the earth.
- Make sure you put what belongs in the garbage in the garbage and what belongs in the recycling in the recycling bin.

What can be done in the bath rooms?

- Use toilet paper and paper towels made from recycled fibres.
- Make sure you don't waste toilet paper and paper towels.
- Make sure no toilets or faucets are leaking. This is a waste of water. If you see a leaking faucet or toilet, tell your teacher or principle.
- Make sure you turn off the faucets.

- Don't throw paper towels in the toilet to clog the toilet and waste water.
- Turn off the lights when you leave.

### What can be done as a school?

- Have rechargeable batteries in cameras or other things that require batteries.
- To make sure batteries don't end up in the garbage, encourage students to bring their used batteries from home and collect them at school. Have someone drop them off at the designated town site for battery collection.
- Find class trips closer to the school to use less gas. Visit ecologically friendly sites.
- Encourage car pooling or cycling or walking to school for those that do not take the bus.
- Send emails to parents that have email addresses rather than print paper.
- Make students certificates on half a sheet of paper rather than a full sheet. This way you can print 2 certificates on one paper. Maybe giving students a ribbon would be better.
- Encourage the use of environmentally friendly cleaning products.
- Are school supply lists asking for materials that will not be used? Does the student really need 24 duo tangs?
- Can the ink cartridges in the printers be refilled rather than recycled? Reusing is better than recycling.
- Don't waste paper.
- What products are being sold for fund raisers? Are they environmentally friendly?



These are the students who shared their ideas:

Rylie Thayer grade 1	Emily Mason grade 1
Tyler Clark grade 2	Noemie Maddocks Sauvageau grade 2
Amelia Read grade 2	Jada Belghouar grade 3
Amber Tebby grade 3	Ellen Wiebe grade 3
Noemie Belanger grade 4	Christina Ciurlej grade 4
Emma Crossfield grade 4	Tristan LaHaye grade 4
Cassandra Pegg grade 4	Zoe Rousseau grade 4

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