

Translation of the message from the Premier of Québec

Québec city, January 13, 2009

One cannot overemphasize the importance of physical exercise for the general well-being of individuals. That is why I feel that it is important to salute initiatives seeking to encourage our young people to practice a sport and, in so doing, to adopt a more healthy lifestyle.

I would have liked to be present with you for the grand opening of your *Educational Gym*. Believe me when I tell you that I share your pride and enthusiasm in wanting to see an even greater fulfillment of the very stimulating educational mission pursued by Alexander Galt school.

With the *Educational Gym* program, it is you, the students, who will henceforth benefit from an environment specially designed to improve your health. What better invitation to discover or to continue developing your sports skills? What better opportunity for self-surpassment, sportsmanship, improved physical fitness, greater vitality and, of course, better relations with others?" These are certainly all elements that contribute to success at school.

As we begin a new year, it is my hope that you will appreciate how fortunate you are to be surrounded by so many people interested in your welfare. Above all, it is my wish that you will succeed in making the most of both school and sports to strike the right balance for your personal development.

Please accept my best regards,

ORIGINAL SIGNED BY

Jean Charest